

# ----- TOOL

## Grade Your Life: What is my GPA?

Monthly Report Card

CATEGORY		A (4 pts)	B (3 pts)	C (2 pts)	D (1 pt)	F (0 pts)
<b>SELF</b>	Your own personal health and safety.					
<b>IMMEDIATE FAMILY</b>	The proverbial spouse/partner and your children and loved ones.					
<b>ORIGINAL FAMILY</b>	The people you grew up with.					
<b>FRIENDS</b>	The health of your friendships.					
<b>MONEY</b>	Right or wrong, the scorecard most people pay attention to.					
<b>CAREER</b>	How fulfilling your work is.					
<b>CREATIVITY</b>	Your innate creativity outside of work.					
<b>DISCIPLINE</b>	Having the self-control to implement your goals.					
<b>LIFESTYLE</b>	Are you actually having any fun?					
<b>LEADERSHIP</b>	Are you influencing and serving?					
<b>BUFFALO</b>	How is your optimism and attitude?					
<b>TOTALS</b>						

**TOTAL SCORE** \_\_\_\_\_  $\div 11 =$  \_\_\_\_\_ **GPA**

List 3 things you will change in order to be able to look inward so you can support outward:

